

EMERGENCY PREPAREDNESS AND RESPONSE

Emergency Kit Checklist



WATER

- One gallon of water per person per day for at least three days

NON-PERISHABLE FOOD

- Canned goods
- Energy bars
- Dried fruits

MANUAL CAN OPENER

MEDICATIONS

- Seven-day supply of prescription medication
- Over the counter medication (pain relievers, stomach/cold/allergy medication)

FIRST AID KIT

- Bandages
- Medical gauze
- Splints
- Ointment
- Antiseptic wipes
- Medical tape
- Instant cold packs

PERSONAL HYGIENE ITEMS

- Toilet paper
- Soap
- Feminine products
- Diapers
- Hand sanitizer
- Sanitizing wipes
- Toothbrushes & paste
- Baby Wipes

FLASHLIGHTS AND BATTERIES

- Multiple working flashlights
- Battery or chargeable lanterns
- Batteries in various types

BATTERY-POWERED OR HAND-CRANK RADIO

CELL PHONES

- Chargers
- Portable chargers

CASH ATMs and credit card systems may be shut down

IMPORTANT DOCUMENTS (COPIES)

Store originals in fire/waterproof safe in an upper level of building

- Drivers license/identification
- Birth certificates
- Insurance policies

EXTRA CLOTHING AND BLANKETS

- Sturdy shoes
- Jackets
- Blankets
- Socks
- Rain gear
- Pillows

IMPORTANT CONTACT NUMBERS

Laminate card, keep card in kit

- Family and friends
- Emergency lines
- Doctors and pharmacy
- Insurance Agent

TOOLS

- Multitool/Swiss Army Knife
- Wrench
- Scissors
- Knife

WHISTLE *In the event you need to signal for help*

TOYS/GAMES

PET SUPPLIES

- Sturdy leashes/harnesses/carriers for transport
- Toys, beds, blankets (find ones that are easy to store)
- Food, water, bowls
- Medication, pet first aid kit
- Copies of medical records & updated photo
- If you need to board your pet, have an information sheet of feeding schedule, behaviors etc.
- Sweater or other clothing if you have an animal that is prone to cold weather

LOCAL MAPS

Have a map of your area in case you need to find alternative routes or evacuation centers and cell phone towers are down

©2024 ICAT